

Passing and Third Man runs

Week by week learning checklist

Week One

My team can:

- Correctly identify 'good' space away from opponents
- Hold the ball to look for the right pass before playing it
- Make accurate passes more often than not
- Relax in possession of the ball and not be afraid to make the odd mistake

Week Two

My team can:

- Retain possession and wait for the right pass instead of forcing it
- Understand that movement is for both support and attack
- Give each other options at all times
- Remain calm under defending pressure and keep the ball
- Begin to develop 'wing mirrors' and constantly check their surroundings

Week Three

My team can:

- Move off the ball to make things happen, even if they might not get the ball
- Identify and utilize space when it comes available
- Be patient in possession while looking for ways to gain an advantage

Week Four

My team can:

- Know where their support/passing options are before they receive the ball
- Make overlapping/underlapping runs to benefit the team
- Be creative with their movement and aware of their surroundings
- Take measured risks when making off the ball runs in the final third